NOAH'S ARK CHARITY

OVER and ABOVE CHALLENGE

Over and above, for children like me

Learn more:
noahsarkcharity.org/over-and-above-challenge

Have you ever wanted to help other children in hospital? Now your school can!

The Over and Above Challenge is a week in which children do one thing each day that goes over and above for someone else. It could be a kind act for a classmate, something helpful at home, or a project for your school or community.

Each child asks for **£5** in sponsorship, **£1** for each day of the challenge. Every penny raised helps the **Noah's Ark Children's Hospital Charity** fund equipment, care and family support services that go over and above what the NHS can provide alone.

It's easy for schools to join. They register online, download everything they need, and choose their own week. Tear off the postcard below, sign it and give it to your headteacher to ask them to take part.

Noah's Ark Children's Hospital Charity
Elusen Ysbyty Plant

Registered with FUNDRAISING REGULATOR

Noah's Ark Children's Hospital Charity noahsarkcharity.org
Registered Charity No. 1069485
Registered No. 3486361

Tear here

Dear Headteacher,

I've been/my .....
has been looked after at the **Noah's Ark Children's Hospital for Wales**. The people who look after the children there are brilliant, and the charity helps make it even better with extra things that make the care and experience of being in hospital even better.

Can our school do the **Over and Above Challenge**, please? We'd do one kind thing every day for a week, and raise **£5** each to help other children in hospital.

I think it would be lots of fun and it would mean a lot to me. Thank you!

From: ..... Class .....

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HER TU HWNT i'r DISGWYL

ELUSEN ARCH NOA

Tu hwnt i'r disgwyl, i blant fel fi

Dysgwch mwy:
noahsarkcharity.org/over-and-above-challenge

Rhwygwch yma

Ydych chi erioed wedi bod eisiau helpu plant eraill yn yr ysbyty? Nawr gall eich ysgol wneud hynny!

Mae'r Her Tu Hwnt i'r Disgwyl yn wythnos lle mae plant yn gwneud un peth bob dydd sy'n mynd tu hwnt i'r disgwyl dros rywun arall. Gallai fod yn weithred garedig dros gyd-ddisgybl, rhywbeth defnyddiol gartref, neu brosiect ar gyfer eich ysgol neu'ch cymuned.

Mae pob plentyn yn gofyn am **£5** mewn nawdd, **£1** am bob diwrnod o'r her. Mae pob ceiniog a godir yn helpu **Elusen Ysbyty Plant Arch Noa** i ariannu offer, gofal a gwasanaethau cymorth i deuluoedd sy'n mynd tu hwnt i'r hyn y gall y GIG ei ddarparu ar ei ben ei hun.

Mae'n hawdd i ysgolion ymuno. Maen nhw'n cofrestru ar-lein, yn lawrlwytho popeth sydd ei angen arnyn nhw, ac yn dewis eu wythnos eu hunain. Rhwygwch y cerdyn post isod, llofnodwch ef a'i roi i'ch pennaeth i ofyn iddyn nhw gymryd rhan.

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Annwyl Bennaeth,

Rydw i/Mae fy .....
wedi cael gofal yn **Ysbyty Plant Arch Noa i Blant Cymru**. Mae'r bobl sy'n edrych ar ôl y plant yno yn wych, ac mae'r elusen yn gwella pethau ymhellach gyda pethau ychwanegol sy'n gwneud i'r gofal a'r profiad o fod yn yr ysbyty yn well fyth.

Allwn ni gynnal yr **Her Tu Hwnt i'r Disgwyl** yn ein hysgol ni, os gwelwch yn dda? Byddem yn gwneud un peth caredig bob dydd am wythnos, ac yn codi **£5** yr un i helpu plant eraill yn yr ysbyty.

Dw i'n meddwl y byddai'n llawer o hwyl ac y byddai'n golygu llawer i mi.

Oddi wrth: ..... Dosbarth: .....

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